

CHIEF KANIM - COMMUNITY FITNESS CENTER

**Convenient Location for Lower Valley Residents & Businesses
Friendly & Knowledgeable Staff**

*Located on the Chief Kanim Middle School Campus,
just off Highway 202*

Hours of Operation for Community Members:

Monday – Friday: 4:00 p.m. to 7:00 p.m.

Monday, Wednesday, Friday: 5:30 a.m. to 7:00 a.m.

Saturday & Sunday: 8:00 a.m. to 11:00 p.m.

(Center remains open during school breaks - Holiday closures will be posted)

Four Membership Plans Available (prices effective 1-1-05):

Plan Type	Single Membership	Senior, Student, School District Staff	Couples	Family (3+)
FULL YEAR	\$160	\$120	\$260	\$345
6-month	\$90	\$70	\$160	\$190
3-month	\$50	\$40	\$90	\$100
Monthly	\$20	\$20	n/a	n/a

**Join for a FULL YEAR to enjoy the best value!
(less than \$13.50 a month!!)**

The CHIEF KANIM FITNESS CENTER houses state-of-the-art fitness equipment:

- ⊕ Twelve-station Body Master weight training circuit
- ⊕ Three treadmills
- ⊕ Two Elliptical trainers
- ⊕ Two Stair steppers
- ⊕ Five Stationary bikes
- ⊕ Stretching Machine
- ⊕ Dumbbells
- ⊕ Exercise balls & mats
- ⊕ Towels available to all guests

Contact Kirk Dunckel at 425-831-8229 or dunckelk@svsd410.org
for more information.